

TRAINING SUGGESTIONS



Support
After
Suicide
Partnership
Central Hub

The level and type of training will depend on the individual's role within the organisation, however, but there are core areas of training/ education that will support staff develop the necessary skills and knowledge to support people bereaved by suicide. There are a number of different training opportunities and different ways to access staff training and development; external and internal training, shadowing and visits for example.

Detailed below are some suggestions on core training and areas of knowledge. These suggestions are not intended to be exhaustive and there may be other training that reflect the particular needs of individuals and the service.

CORE TRAINING AREAS

- Recognised training on working with people bereaved by suicide.
- Suicide awareness and prevention training
- Mental Health awareness
- Recognised risk assessment training, e.g. ASIST
- Training should also include guidance/advice on self-care
- Children & Adults Safeguarding training at Level 3
- Confidentiality and GDPR
- Understanding equality and diversity and inclusivity

FURTHER TRAINING SHOULD INCLUDE

- Knowledge of the Inquest process and other related enquiries, e.g. Serious Incident Investigations, Child Death Overview Panel, Domestic Homicide Review.
- Knowledge and understanding where a death takes place in Police Custody, Prison or under NHS care.
- Knowledge of the national and international research in suicide bereavement, i.e. identifying cohorts at increased risk of suicide which includes those bereaved by suicide.
- What interventions are considered helpful (which will include when to refer for appropriate therapeutic interventions for symptoms of trauma).
- Local and national statistics on suicide; and understanding how research informs service delivery.